Double Rope Method
Use when no appropriately sized branch is available

Rope #1

1

2
4

5
3
7

minimum 6'-8' from trunk

8

8

12'-20'
from
ground

Rope #2

6

10

9
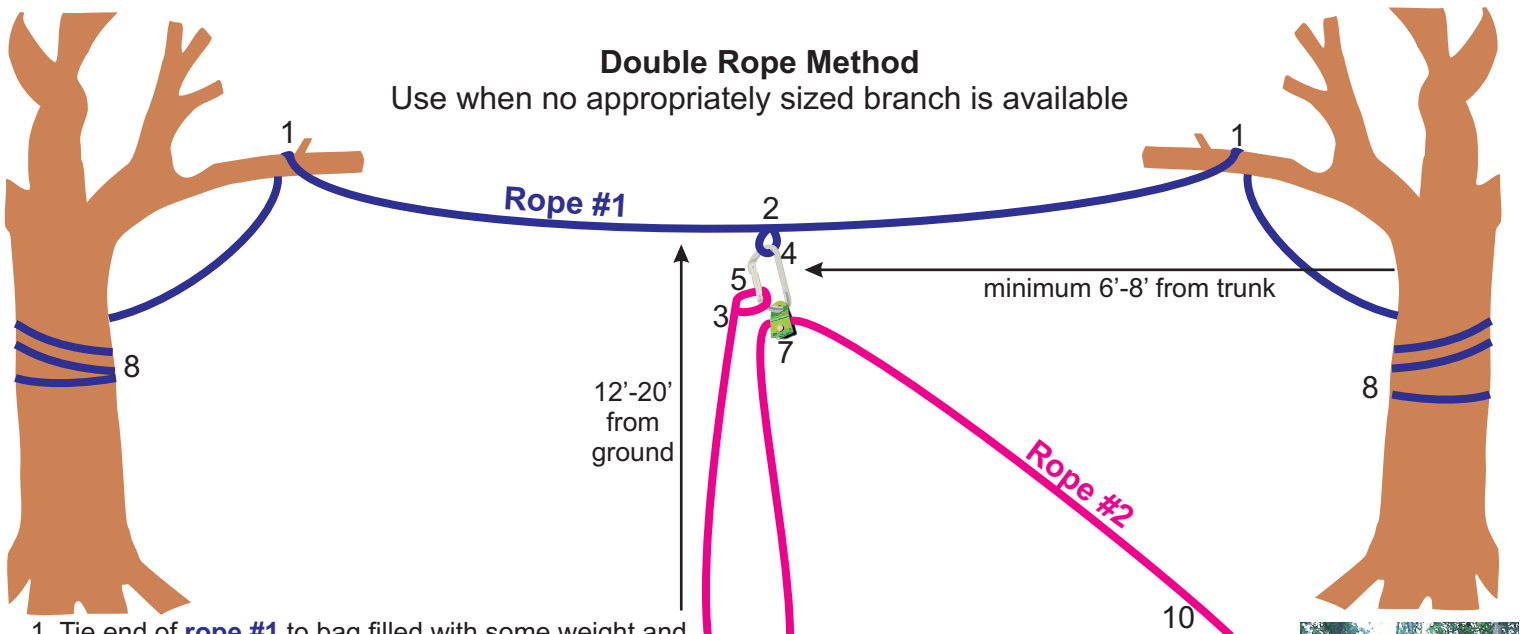
1. Tie end of **rope #1** to bag filled with some weight and throw each rope end over branch of different trees, leaving middle of the rope drooping on the ground
2. Tie figure 8 on bight loop in the center of **rope #1**
3. Tie figure 8 on bight loop on the end of **rope #2**
4. Attach carabiner of top pulley set to loop on **rope #1**
5. Attach loop on the end of **rope #2** onto top carabiner
6. Feed running end of **rope #2** through bottom pulley
7. Feed same running end of **rope #2** through top pulley
8. Raise **rope #1** to hanging level and tie off to trees positioning loop equidistant from each tree (do NOT over tighten rope – allow for tree sway)
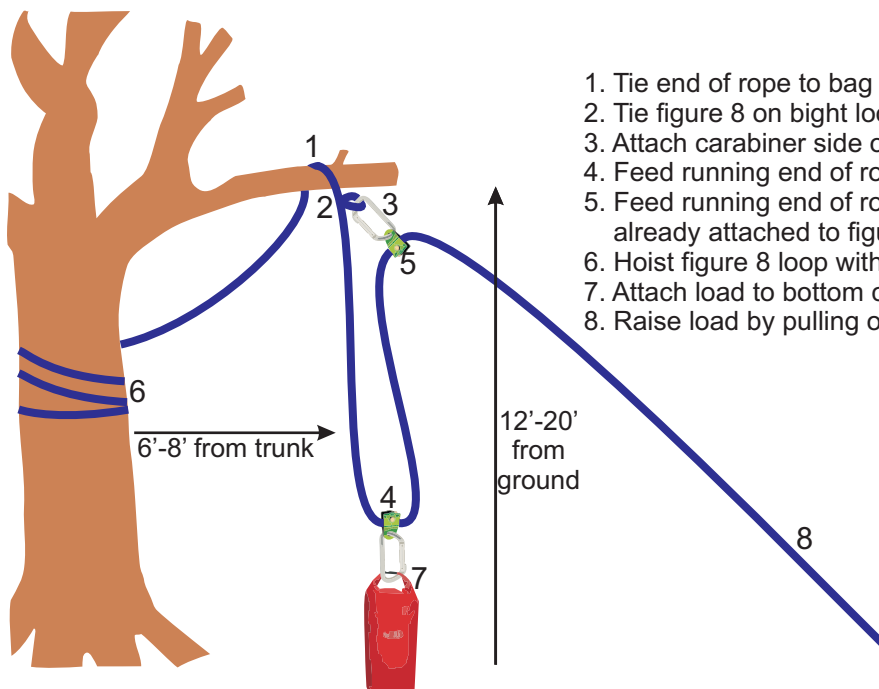
9. Attach load to bottom carabiner
10. Raise load by pulling on running end of **rope #2** and tie off to secure
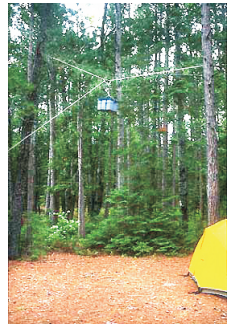
like this

Single Rope Method
Use when appropriately sized branch is available

1

2
3

5

6

6'-8' from trunk

12'-20'
from
ground

4

7

8

1. Tie end of rope to bag filled with some weight and throw over tree branch
2. Tie figure 8 on bight loop somewhere on rope, depending on branch height
3. Attach carabiner side of top pulley set to figure 8 loop
4. Feed running end of rope through pulley side of bottom pulley set
5. Feed running end of rope through pulley side of top pulley set which is already attached to figure 8 loop
6. Hoist figure 8 loop with top carabiner/pulley to branch level and secure rope
7. Attach load to bottom carabiner
8. Raise load by pulling on running end of rope, then secure